

THEME 2 PLANS READING SKILL (SUNSHINE)

A. Read the text quickly and match the headings with the paragraphs. One is extra.

Keep your work with you / Make a to-do-list / Prepare a study plan / Know your limits / Study in groups

High school students are always busy with homework and other school studies. Especially during exam weeks, they are generally sleepy and tired. But is it possible to use time efficiently? Can time management be part of their lives? If students are hardworking and follow some steps, they will be successful and they will be able to finish every task on time:

1. _____: Every day, students should make a list of their responsibilities for that day. If they know what they need to do next, they can plan their day and finish the important tasks easily. Also, they should be well-organized and remember their duties.

2. _____: When students prepare a to-do-list, they sometimes see that the list is too long and they can't finish everything so it is always important to know your limits. They should sometimes say 'no' to their friends if they have other things to do. Also, they should plan their schedules within their limits.

3. _____: High school students have a lot of school subjects so they have many things to study. They should take their notes or books with them wherever they go. Whenever they have time, they can go over their notes or study from their books. They should work hard because if they don't, they will fail.

4. _____: Students need a timetable to study. This table should include their study time, free time and sleep time. Students should study about three hours every day after school. They should distribute the school subjects into the week. They also need free time to have a rest and to socialize with their friends. Most importantly, they need good night sleep to be successful because their body and mind need a good rest before school.

To make a long story short, being hardworking or clever is not enough for success at school. Also, time management skills are necessary for school life.

B. Read the text again and write T for true and F for false for the following statements.

1. High school students always feel tired. _____
2. Students never remember their duties. _____
3. Students should know their limits. _____
4. Students should take their books wherever they go. _____
5. Students don't need free time and they should always study. _____

C. Circle the conclusions you can draw from the last paragraph:

- a. School life is more important than anything else.
- b. Time management can help people in other areas of life as well.
- c. Clever students are always very hard-working.
- d. Time management skills can make students become successful.

D. Read the following texts about four people and answer the following questions.

HARUN : This year, I'm graduating from university. I'm going to be a teacher, but before I start working, I will have my master's degree abroad. Of course, I will return to my own country after graduation to serve my fellow students. I'm sure I will be a good teacher because I really love teaching and working hard. After a few years of experience, I hope I will get married and start my own family.

AISHA : I'm a high school student at 11th grade. I think next year will be very difficult for me because I'm going to enter university exams and I'm planning to be a mechanical engineer. I'm sure I will be very successful because I'm really hardworking and motivated. In 10 years, I am going to be the boss of my own company. I believe my company will be an ideal workplace because I will treat my employees fairly and give importance to honesty. I hope things will go as planned.

JULIA : I'm retiring at the end of this month, so I'm pretty excited! I'm going to spend some time with my friends and I planned a cruise for my husband, Mason and me to the fjords in Sweden. I'm sure we're going to have a great time. I can't wait!

MASON : My wife is retiring and I'm very happy for her. I still have a year to retire, but we're planning to move to a coastal town as soon as I retire. We're going to build our dream house and invite everyone over for summer holidays. It's going to be great! These are going to be our golden years.

1. What is Harun planning to do after completing his master's degree?
2. Do you think Harun loves his country? Why / Why not?
3. What is the importance of next year for Aisha?
4. What is Aisha planning to achieve in 10 years' time?
5. Do you think Aisha will be an ideal employer in the future? Why / Why not?
6. Do you think Julia is happy to be retiring? Why / Why not?
7. How is she going to spend her time after she retires?
8. What is Mason planning to do in their golden years?
9. Is friendship important for Julia and Mason? Why / Why not?